

## In Room Massage & Spa Therapies



Take a moment to relax during your stay in Queenstown. Our professional team of experienced massage, physio and beauty therapists are dedicated to your wellbeing.

## therapeutic massage

Relax and unwind with a massage in the comfort and privacy of your own room - available from 1/2 - 2 hours

### sports & deep tissue

When vigorous exercise leaves your muscles stiff and sore, a combination of sports and deep tissue massage is the perfect antidote. This massage style increases circulation and helps muscles recover faster, easing aches and pains.

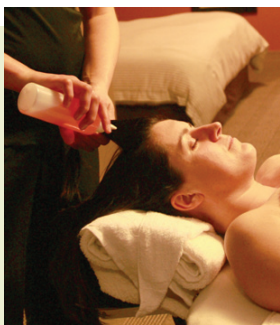
### relaxation massage

Melt away with a Swedish-style massage which gently stretches and lengthens tightened muscles. This deeply relaxing massage promotes restful sleep, allowing your body and mind to recharge naturally.

### other treatments available

Reflexology, The Bowen Technique, lymphatic drainage and pregnancy massage are just some of the other remedial therapies available. Please let us know when you book if you have any special requirements.

1 hour \$95    1 1/2 hours \$140    2 hours \$170



## spa therapies

There is no need to worry about getting to your appointment or finding somewhere to park your car - allow 1/2 hour

### the ultimate mini facial

Utilising the properties of unique New Zealand manuka honey, we gently cleanse and massage the skin then apply a honey enriched nourishing facial mask. This revitalising and deeply hydrating treatment is perfect for all skin types and is a remarkable remedy to combat the dry alpine air. - \$65

### feet treat

We start by gently polishing the skin with a foot buff, and then take you into a state of deep relaxation as your therapist works out all the tension through a reflexology-based foot massage. You'll be left with a renewed sense of wellbeing and feeling like you're walking on air. - \$60

### heads up

Our specially blended warm orange infused oil is layered through your hair while your therapist relieves tension in your scalp and neck. A fantastic nourishing treatment for the hair and scalp, leaving you feeling deeply cleansed and refreshed.

- \$60

## combination packages

Combine our massage and spa products in these thoughtful packages for the ultimate relaxation!

### the 'ultimate relaxation'

This top to toe experience incorporates a full body massage followed by a New Zealand manuka honey facial, hair and scalp treatment and a foot revival massage. This is pure heaven for the body, mind and 'sole'.

- allow 2 1/2 hours \$230

### 'body bliss' package

This invigorating treatment includes a full body massage followed by a mini facial and your choice of the 'feet treat' or 'heads up' scalp treatment. You will be left feeling deeply relaxed and revitalised.

- allow 2 hours \$190

### body revival 'pick me up'

A full body massage followed by your choice of a mini facial, 'feet treat' or 'heads up' scalp treatment. Let the tension melt away and feel refreshed and rejuvenated.

- allow 1 1/2 hours \$160

### 'the spa express'

A delightful half hour massage followed by one of our half hour spa therapies - choose from the ultimate mini facial, 'feet treat' or 'heads up'. A great pick me up experience!

- allow 1 hour \$120

## contact reception to make your booking

the mobile massage company

• home • hotel • workplace